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Cyber-Bullying

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Demystifying and Deescalating Cyber-Bullying in the Schools by Barbara C. Trolley, Connie Hanel and Linda Shields

Bullying

Bullying: A Handbook for Educators and Parents by Ian Rivers, Neil Duncan and Valerie Besag

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Parenting

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Parenting Teens with Love & Logic by Foster Cline, MD and Jim Fay

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Parenting a Teen Girl: A Crash Course on Conflict, Communication & Connection with Your Teenage Daughter by Lucie Hemmen

Smart but Scattered Teens: The “Executive Skills” Program for Helping Teens Reach Their Potential by Richard Guare, Peg Dawson and Colin Guare

Self-Esteem

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The Self-Esteem Workbook for Teens by Lisa M. Schab

Teen Self-esteem Workbook by Ester A. Leutenberg and John J. Liptak

Don’t Let Your Emotions Run Your Life for Teens by Sheri Van Dijk

ADD and ADHD

Attention Difference Disorder: How to Turn Your ADHD Child or Teen’s Differences into Strengths in 7 Simple Steps by Kenny Handelman

ADHD and Teens: Proven Techniques for Handling Emotional, Academic and Behavioral Problems by Colleen Alexander-Roberts

The ADHD Workbook for Teens by Lara Honos-Webb

Teenagers with ADD and ADHD: A Guide for Parents and Professionals by Chris A. Zeigler Dendy

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Asperger Syndrome and Adolescence: Helping Preteens and Teens Get Ready for the Real World by Teresa Bolick, PH.D.

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Healthy Eating For Preteens and Teens: The Ultimate Guide to Diet, Nutrition and Food by Leslie Beck

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Drugs and Your Teen by Gianni DeVincenti Hayes, PH.D. and Michael J. Talley Jr.

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